

Early Help and Support is important

The CDSS Team at Playgroup SA can provide early help and support soon after completing a child development check. This means that your family can be connected with information and services that are relevant to your child's needs in a timely manner. It also means that your family is equipped with practical strategies that promote your child's development. These practical strategies can be used while waiting for other services.

Timely supports can help to improve your child's developmental outcomes.

For more Information

- Early Help and Support contact: Playgroup SA (08) 8344 2722 readyssetprogress@playgroupsa.com.au
- Ready, Set, Progress visit: playgroupsa.com.au/readyssetprogress.html
- education.cdcinfo@sa.gov.au

References:

National Guidelines: Best Practice in Early Childhood Intervention. Early Childhood Intervention Australia (published 2016)

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Ready, Set, Progress

Early Help and Support



Ready, set, progress

The Child Development Screening and Support (CDSS) Team at Playgroup SA can offer specialised Early Help and Support following a child development check.

The CDSS Team consists of Special Educators and Allied Health specialists.

The supports that are available to families are dependent on the outcome of your child's development check as well as the needs and preferences of your family.

Facilitating and monitoring development

If monitoring your child's development is recommended, a CDSS Team member will offer you and your child a one x 45-minute session. This time can be used to:

- provide you with some practical strategies to support your child's development
- help you to access any services that match the needs of your child and your family

The CDSS Team member may also recommend another child development check in the future to monitor your child's progress.

Facilitating development and accessing further assessment

If further assessment of your child's development is recommended, a CDSS Team member will offer you and your child three x 45-minute sessions.

These sessions can be used to:

- provide you with some practical strategies to support your child's development
- work with your Playgroup Coordinator, if attending a Playgroup SA playgroup, to ensure that the environment and activities support your child's individual needs
- help you to access any services that match the needs of your child and your family.

The CDSS Team can help you to find the most appropriate assessment and intervention services for your child.

They can help with all aspects of access to services, from filling in referral forms, understanding the options available in the public and private health sectors, or finding a clinician in your neighbourhood. The CDSS Team can also help you to find relevant services in your community such as supported playgroups, as well as parenting support programs and resources.