

Important Dates

Year 4 Excursion
Tuesday 22 October 2024

Year 2 Henley
Beach Excursion
Wednesday 23 October
2024

Quiz Night
Friday 25 October 2024

Year 3 Excursion
Botanic Gardens T3
Reception
Tuesday 29 October 2024

Year 3-6 SACPSSA
Athletics Carnival
Thursday 31 October 2024

Worlds Teacher's
Day
Friday 1 November 2024

All Saints Day
Friday 1 November 2024

Year 3,4 and 5
Mercy Walk
Friday 1 November 2024

Can Drive for
Vinnies
Tuesday 5 November 2024

Donate Old Clothes
Day
Wednesday 6 November
2024

17.10.24

From the Acting Principal

WELCOME BACK TO TERM 4!

We hope you all enjoyed a wonderful holiday break and that our students are feeling refreshed and excited for the new term ahead! We have so much planned for Term 4, filled with engaging learning experiences and community fun. As we ease back into our school routines, we appreciate the support and encouragement from both educators and parents, which plays a vital role in helping our children thrive.

A heartfelt thank you to our families for staying connected with us through SEQTA, Audiri, Seesaw, Facebook, and email. Your involvement makes it easy for us to share important updates. To keep communication clear and manageable, we'll be transitioning our fortnightly newsletters to every three weeks from this term. You can expect to receive newsletters in Weeks 1, 4, 7, and an extra one in Week 9 this term.

I want to let you know that I'll be on leave during Weeks 2 and 3. During this time, Kelly Manera will step in as Acting Principal, with Dominique Laurendi as Acting Deputy Principal. Star of the Sea is very lucky to have such capable leaders at the helm, ensuring that our students and staff have the support they need during my absence. Thank you, Kelly and Dominique, for your willingness to step up and lead with excellence!

PARISH CAR PARK

We've recently received some feedback from the Henley Beach Parish regarding parking in their designated staff car park spaces. Some of our Star of the Sea families are continuing to park in these spots, despite the clear signage. The parish staff rely on these spaces, and we want to ensure a respectful relationship with our community. Below are some images of cars parked in front of the bollards where school parking is not allowed. Unfortunately, this has been happening daily.

We kindly ask all families to please adhere to the no-parking signs and consider parking a little further away in the parish car park or

along the beach. With the warmer weather upon us, it can be a lovely opportunity for a short walk. Let's all think about how our choices impact our parish and make decisions that reflect our wonderful community spirit.

Thank you for your understanding and cooperation. Here's to a fantastic Term 4 filled with growth and joy!



CLASS PLACEMENTS FOR 2025

As we begin planning for the 2025 school year, we will soon be working on class structures and student placements. If you have specific requests regarding your child's placement for 2025, we kindly ask that you submit the form found on our [website](#) by Friday 18 October (Friday, Week 1).

As part of our partnership in learning we invite parents/caregivers to provide any significant information relating to their child's academic, social or emotional learning, or family considerations e.g. sibling/cousin placement to be considered for the class placement process. Requests regarding teachers, friendships or separations will not be considered.

In addition to parent input, students will also have the opportunity to contribute by selecting a few friends they would like to be with next year.

Please note that while we will do our best to accommodate requests received by the due date, it becomes increasingly challenging to make adjustments once this date has passed. The placement of one student can impact the entire class dynamic, making late changes difficult to manage.

We want to emphasise that requests for specific teachers or teacher gender will not be considered. Our teachers invest significant time and professional judgment into the class placement process, relying on their knowledge of each student's unique needs. Once placements are finalised, changes will not be possible. It is important to recognize the complexity of placing 500 students into groups that best support their learning and social development.

Please email any requests to vandrews@star.catholic.edu.au

Rest assured, these will be shared with the teachers to assist in the placement process.

I wish you all a safe a wonderful fortnight ahead.

Annette Diassinias
Acting Principal

[View this article online to read more](#)

Recent News

17.10.24

From the APRIM

Prayer for the beginning of the term

Dear God,

As we begin this new term, we ask for Your guidance and wisdom.

Help us to learn with open hearts and open minds, to work hard, and support one another.

Bless our teachers with patience and understanding, and fill our classrooms with kindness, respect, and joy.

Bless all parents with gratitude and appreciation, may they encourage the students to be more like Jesus and show love towards others.

May this term bring growth, success, and a deeper sense of purpose.

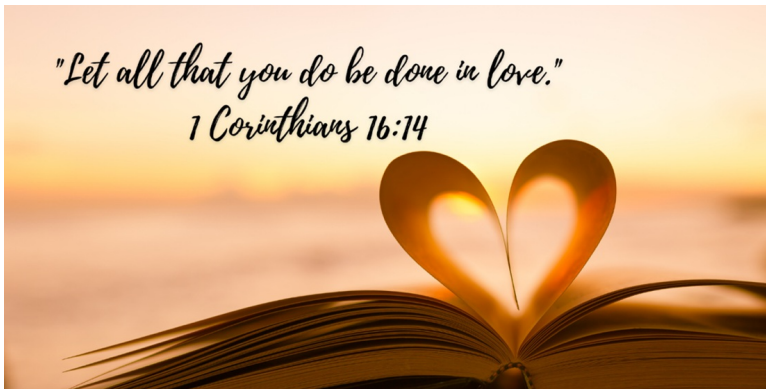
Amen

As we begin Term 4 and head into the silly season of Christmas and summer, many of us are counting down the days to the end of the term or keeping track of how many sleeps until Christmas.

While this gives us something to look forward to and is fun for our children, it can also be a distraction of living in the 'now' and being grateful for the blessings which are in front of us in the present.

Living in the moment allows us to fully embrace the present, appreciating the simple beauty of what is right in front of us. When we focus on the here and now, we let go of the constant pull of the past and the anxiety of the future. Gratitude naturally follows, as we begin to recognize the value in our everyday experiences, the warmth of a conversation, the smile of a stranger, the feel of sunshine, or even the quiet moments of stillness. By being present, we open ourselves to deeper joy and contentment, realizing that this moment is enough.

When we find ourselves being overwhelmed with the hustle and bustle of life, we are reminded to be kind to ourselves, to give our worries to God and above all else: 'Do everything with Love' – 1 Corinthians 6:14



Mercy Week & Mission Week

Over weeks 3 & 4 our students will be exploring the life of Catherine McAuley, the founder of the Sisters of Mercy. We will be learning about her life and how her values and charism have shaped and influenced our school to be the place it is today.

The students will explore ways we can live out the Mercy values and how acts of service bring about justice towards others, especially those less fortunate than us.

Here is a schedule of what we will focus on each day during the 2 weeks.

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3	Lesson 1: Who was Catherine McAuley? Her life	Lesson 2: Symbols of Mercy & Mercy values Launch Cross Competition Begin planning your class stalls	Lesson 3: Exploring the value of Compassion Making cards to hand out	Lesson 3: Exploring the value of Hospitality Making cards to hand out	World teachers' day morning tea Mercy Walk - handing out cards
Week 4	Lesson 4: Exploring the value of Respect	Lesson 5: Exploring the value of Justice Can drive for Vinnies	Lesson 6: Exploring the value of Service Donate old clothes	Lesson 7: Exploring the value of Courage Mercy Whole School Liturgy 2:30	Mission day stalls

On Tuesday 5 November we are asking families to donate an item for the Vinnies food bunker which is located over at Our Lady of the Sacred Heart Church.

Here is a list of the items that they desperately need:

- Jars of vegemite and peanut butter
- Cereal (Weetbix and Cornflakes)
- Pasta Sauce
- Cans of sweet corn
- Cans of peas and carrots
- Cans of tuna
- Cans of soup
- Packets of pasta / spaghetti

- Cans of fruit

***NO tinned baked beans or spaghetti please** – they already have an abundance of these items

On **Wednesday 6 November**, we are asking families to **donate any clothes items that are no longer needed**. Please bring these along and we will organise to have them delivered to Vinnies.

Mission Market Day is on Friday 8 November at 1:30pm – 2:30pm. Each class from Years 3 to 6 will oversee two stalls, one that sells goods and one that is activity based. Each class teacher will send out more information regarding what is needed for your class stalls.

This is a cashless event, and our Mission Day Donation Cards will be available to purchase on QKR from next week. Please go to School Fundraising / Charity Collections / 2024 Mission Day Market and choose from a \$2.00, \$5.00 or \$10.00 donation card. **Please ensure you purchase a card for each individual child. Sales close on Wednesday 6 November**. Cards will be given to the children on the day. Goods, raffles and activities range from 50c to several dollars. Cards are stamped as students visit the stalls. Completed cards are recycled to enter the 'Grand Prize Raffle' which will be drawn after lunch. As cards are considered a donation, no money will be refunded.

All money donated will go towards assisting Vinnies with the amazing work they do in supporting families in our local community.

As always, thank you for your generosity and continued support.

With Gratitude,

Dominique Laurendi

[View this article online to read more](#)

New Responding to Risks of Harm, Abuse and Neglect Training for Volunteers



Please be reminded to complete the updated RRHAN-EC course in order to keep volunteering. **The completion of the online update will need to be completed before 31 December 2024** when our current certificate expires. You need to complete the new RRHAN-EC online update unless you already have a current certificate with an expiry date of 31 December 2027.

To access the online update please use this link:

<https://www.plink.sa.edu.au/ilp/pages/external-dashboard.jsf?menuId=1104&locale=en-GB#/?dashboardId=6>

to login as 'Non Department for Education staff login' OR if you don't already have a plink login, register via this link <https://www.plink.sa.edu.au/ilp/pages/user-profile-signup.jsf>

If your RRHAN-EC has already expired or you are new to education, please refer to the following guide below which will help you to determine which course you need to do.

Which course is right for you?

My certificate expires on 31 December 2024 – do the online update only (takes about 2 hours). **My certificate is expired** – start with the fundamentals. If you also work directly with children and young people, do the masterclass after you've finished the fundamentals course.

Email your certificate to vandrews@star.catholic.edu.au

School Uniform?



A reminder that the School Summer Uniform is to be worn this term.

Please find the Uniform Policy on our [website](#).

We have been working closely with Devon Clothing and wish to advise there have been some reductions to the cost of some uniform items. This is so wonderful, given the costs of many things are continually rising.

Please see the items below:

Item	Old pricing	New Pricing From Term 4 2024
Tie	\$32.00	\$24.00
Winter Skirt	\$85.00	\$75.00
Short Sleeve Shirt	\$48.00	\$37.00
Dress	\$85.00	\$75.00

Term 4 Calendar 2024



[Term 4 2024 Calendar](#)

THRIVE WITH 5

4. EAT WELL

When children eat well they have energy for learning and play. They concentrate better and achieve more. Limiting your child's sugar intake, drinking water rather than soft drinks and ensuring plenty of fresh food sets up the right habits for later in life. Eating well yourself is the best way to influence your child's attitude to eating.



1. PLAY

2. TALK

3. READ

4. EAT WELL

5. SLEEP

READINESS FOR LEARNING



APPA Australian Primary Principals Association

Families can do a lot to help their children eat well!

For babies and toddlers, healthy food means a tasty variety from five special groups: vegies, fruits, grains, dairy, and proteins. Each group has its own superpowers to help them grow.

- **Lead by Example:** babies and toddlers learn by watching you, so show them how yummy and fun it is to eat healthy foods by eating them yourself.
- **Involve Them:** Take your child grocery shopping and let them pick out fruits and vegies. They'll be more excited to eat them if they've chosen them themselves.
- **Make it Fun:** Turn mealtime into an adventure! Use colourful plates, fun shapes, and involve them in cooking to make it exciting.
- **Offer Variety:** Introduce a wide range of foods from all the food groups. Let them explore different tastes and textures.
- **Set a Routine:** Regular meal and snack times help kids know when to expect food, reducing the chances of them getting too hungry and cranky.
- **Eat Together:** Family meals are a great time to bond and encourage healthy eating habits. Sit down together and enjoy your meals as a family. It's also a good time to talk / yarn about the day and tell funny stories.





QUIZ NIGHT

**Tables of 8 = \$200 or Tables of 10 = \$250
BUY NOW VIA QKR!**

**BRING YOUR OWN FOOD, DRINKS, CUPS &
COINS TO PARTICIPATE IN ALL THE GAMES**

Get Creative - Prizes for best dressed / themed table!

**FRIDAY OCTOBER 25
7:30PM ARRIVAL - 8PM START**

NAZARETH HIGH SCHOOL
1 Hartley Rd, Flinders Park
Quiz Night is held in the Gym

December and January • Ages 3 – 12 years • Beach, lake, river and pool locations



VACSWIM



**SCAN
ME!**



Government
of South Australia

Office for Recreation,
Sport and Racing



South
Australia

SUMMER STARTS WITH WATER SAFETY

LEARN LIFESAVING SKILLS
WITH THE EXPERTS

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RED BALL RUMBLE



Fun intro to modified match play for kids aged 5-10

-  4 WEEK PROGRAM | 45 MINUTE SESSIONS
-  ONCE A WEEK SESSIONS
-  MAKE FRIENDS AND LEARN SKILLS FOR LIFE
-  YOUR LOCAL TENNIS CLUB

BEGINNERS WELCOME!



FIND A CLUB
NEAR YOU



Bookings:



**THE WELLBEING
DISTILLERY**

13/11/24

7.00 - 8:30 PM

St John Bosco School, Brooklyn Park

Live Event

THE ANXIOUS GENERATION - A WAY FORWARD

David Bott

Gen Z children – born after 2000 – are the first generation to go through puberty with a smartphone in their hands. This change from ‘play-based’ childhood to ‘phone-based’ childhood has had a profound impact on their personal and social development. This workshop will explore some of the most important associated challenges and highlight key strategies and approaches emerging from wellbeing science that can help guide us toward a healthy future.



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